

## A Well-Fed Town

*—Dedicated to Avalanche Pizza, who worked hard during the Covid-19 Pandemic to feed the community for free, and who shared their beautiful bread starters on multiple occasions, empowering equitable sustainable food security.*

There are people in this town  
who know the cure, the basics

of water and flour and need.  
Is there anything more primitive

than hunger? There are people  
in this town whose hands pay

service to community, hands  
that worked overtime to feed

children in pandemic paralysis,  
hands that shared their starters,

pulled all of us into their magic—  
the creation of dough, an ability

to feed others with ingredients  
that need kept alive. Is there

anything more primitive than  
nurture? Surely, there is

nothing quite as beautiful.

—Stephanie Kendrick



*Beginning in March 2023, join us on every 2<sup>nd</sup> Wednesday for a new local open mic in partnership with Athens Uncorked.*

## Hey, Athens! Come hear some poetry.

It's finally time for Athens' newest open mic to kick off. Every 2<sup>nd</sup> Wednesday of the month, you can find us at Athens Uncorked, a hip and friendly wine bar that offers the perfect ambience for an open mic, and delicious food and drinks to round out the experience. If poetry isn't your thing, but music is, rest assured that musicians are welcomed with open arms. These events will be all-inclusive and will encourage folks of all ages to share whatever creative endeavor they are working on.

I've heard from several poets that this will be their very first open mic, which is thrilling! So let's talk open mic etiquette: With "all ages" and inclusivity in mind, it's important to be conscientious of the impact of what is shared. Racism, homophobia, & sexism will not be tolerated; and remember, we encourage the presence of our youth, so choose your poem with this in mind.

Here are some more tips for performing at an open mic:

1. Respect the format. (1 poem/song that's not longer than 3 minutes.)
2. Don't read and bolt. Unless you must leave, please hang out to listen to the line-up!
3. Don't heckle.
4. Encourage and empower! Sharing with an audience is hard. This space should be welcoming and complimentary.
5. Don't apologize for your work before you read it. We are all happy to hear your work and we want you to be happy to read it.
6. Introduce yourself to others. Use these nights to network, meet friends and build community.

And don't forget—if you have books, bring some to sell! Just remember that you are responsible for handling that.

I hope you're as excited as I am! See you soon.

**Words & Wine on  
Wednesdays**  
Every 2<sup>nd</sup> Wednesday

6:30-8:30 pm

Calling all poets, musicians and storytellers!  
Come share your work with the community.  
Share 1 poem/song. Sign-up sheet available  
at the event.

**Appalachian Studies  
Association Conference**  
March 16<sup>th</sup>-19<sup>th</sup>

46<sup>th</sup> Annual Conference

Featuring workshops, a Poet Laureate panel,  
Women of Appalachia Project readings,  
book fairs, and so much more!  
**Ohio University, Athens OH**

**Spring Literary Festival**  
March 29<sup>th</sup> & 30<sup>th</sup>

Ohio University

The festival, hosted by the English  
Department, features authors Barrie Jean  
Borich, Denise Duhamel, and Megan  
Giddings.

